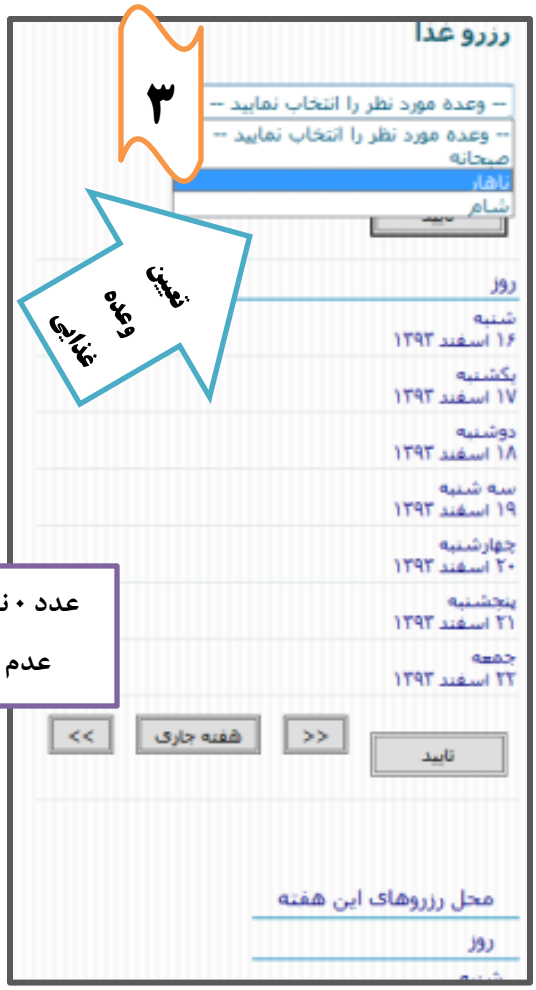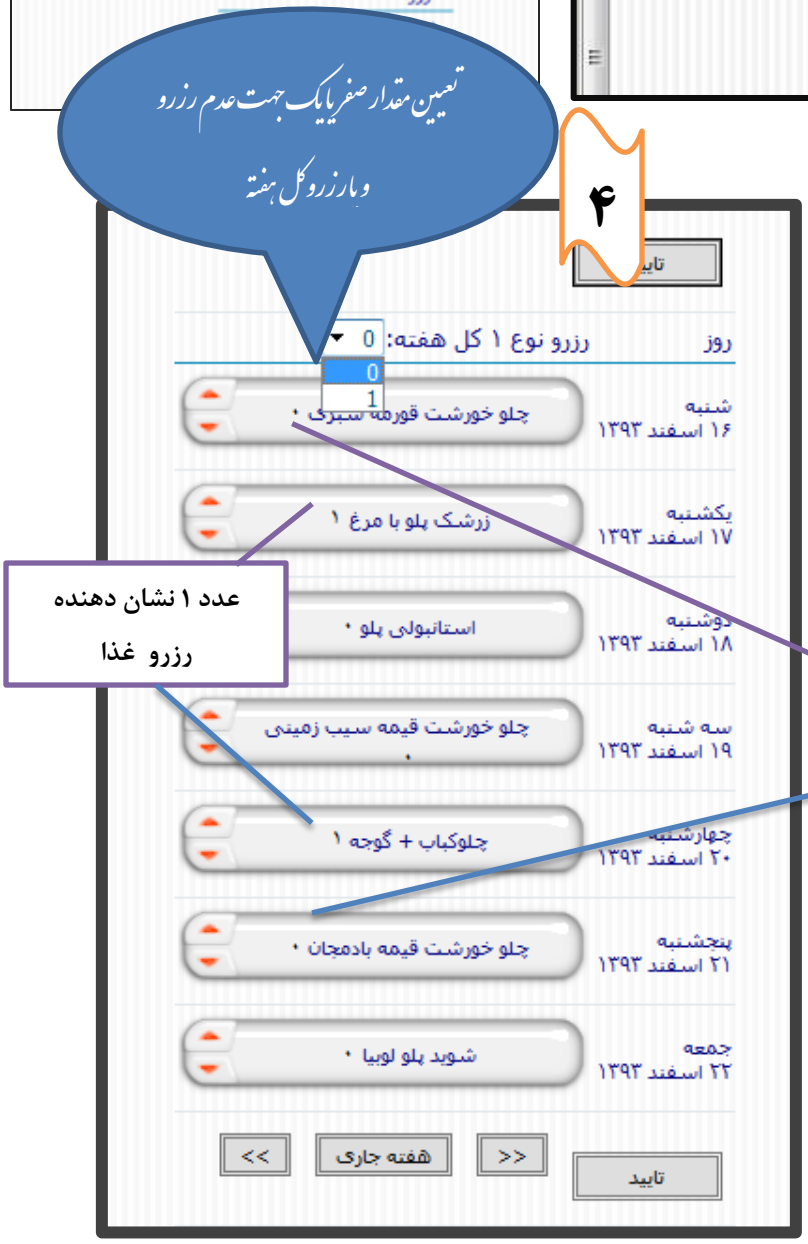مراحل رزرو غذا در سامانه تغذیه توسط دانشجو